2016 MSTCA Do it Clinic Registration Form

School:	Coach's Name:		
Coach's/ Phone/cell phone (not school phone)			
*Coach's E-n	nailMSTCA Member?yesno		
(* = required)			
Boy's Team _	Girl's Team		
Events offered: shot put, high jump, relays, hurdles, sprints, mid-distance,			
distance, long jump, special interest seminars / inter-active			
	workshops, including core strength training, injury		
	prevention, off season conditioning, plyometrics, drills, yoga		
for runners, physical therapy topics and more!			
	NEW this year = pole vault. Also: "Mobility Impaired"		
	session focusing on disabilities, including physically		
	challenged athletes or wheelchair bound. (Please indicate both		
	on attached form). Special Presenter = Mr. Joe LeMar.		
Entry Fee: Free For MSTCA Members! Non-members =			
	\$50 per team (boys/girls). However: Any team that registers		
	after 12 /1 will be subject to a \$50 late fee per team (boys		
50, girls 50) (IF there is room).			
Athlete's level of ability: 1) Beginner (absolutely new at the event)			
2) Novice (done the event but needs work)			
3) Intermediate (pretty good at the event)			
4) Advanced (state meet level performer)			
Note: Limit of only six (6) entries per team maximum, each (i.eboys /			
girls) in the 'Sprints' (dash only) for Beginner and Novice levels of ability!			
Also: You must pre-register for the pole vault & physically challenged sessions by 11/29no exceptions			

Please PRINT your athlete's name, the event they will do at the **Clinic**, and their ability level:

Athlete's Name	<u>Event</u>	Level

** Reminder; You Must Pre-register early by 11/29 for pole vault and physically challenged athletes.

SUBMIT BY E-MAIL ONLY!!!

TO: Lou Tozzi - Clinic Director LP.TOZZ @gmail.com NOTE: Form must be completed & submitted by team's Coach, NOT an athlete

No Exceptions!

Deadline is Thursday, December 1st 2016, 6PM Check <u>mstca.org</u> for acceptance after 6PM on 12/02/16 Note: only the first 600 registrations can be accepted